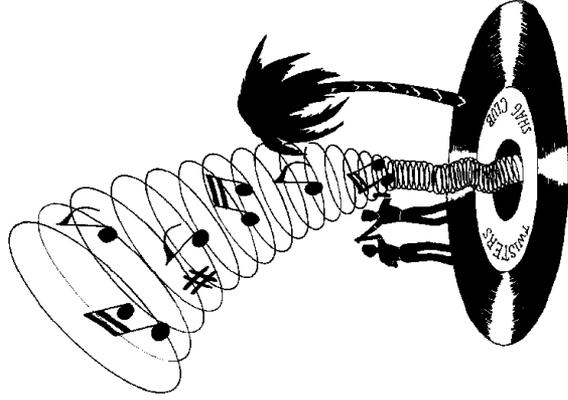


**Twister's Shag Club
PO Box 2310
Cornelius, NC 28031**

First Class Mail



May 2007

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Twister's Shag Club

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VICE-PRESIDENT-----Frankie Johnson

SECRETARY-----Sharon Abernathy

TREASURER-----Greta Moretz

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Cyclone: Mike-Doug-Walter Photography: Sharon Malmberg
Social: Nancy Brody Membership: Frankie Johnson

Newsletter, Web Site & Club Correspondence:
Mike Rink (704-892-1114 or use club address on cover)

Our shag club is known as the "Fun Bunch", and it our goal to have fun, first and foremost. We try to include shag news, and party flyers from other clubs in this newsletter. All info must be received by the 15th of the preceding month to be included. We offer \$20 subscriptions to the TSC News for non-members.

Please Note: We do not include flyers and ads from commercial establishments unless they help support our publishing costs by advertising space.

You may re-use items in this publication if you credit TSC in your reprint, and you mail us a copy. (Use address on cover.)

Note: Statements in this publication are directed to members of our shag club, and should not be taken out of context by others. Opinions expressed by authors may not reflect TSC's!

Next TSC Meeting: Tuesday May 1st

To All Members:

This edition of the TSC News was completed under duress during a trip to Spring SOS. (It is currently 4:00am.)

Please overlook any mistakes you will probably find and be thankful to those who took the time to submit info and do other things to ensure this newsletter was in your mailbox prior to our May 1st meeting. Thanks for your understanding!

Important Items Of Note:

1. Our monthly shag club meeting is this Tuesday at Fat Boys.
2. There will NOT be shagging on Friday, May 18th at Havana due to an annual event scheduled for that location. Please let all your friends know about this night.
3. We are currently finalizing plans for our annual Turntable Treasures Fundraiser Party to be held at Havana Social Club.

The President's Message

Hello Fun Bunch,

While I am writing you this letter, it's the first day of Spring SOS. At least 75 of you are on your way to the beach. By the time you get this letter, SOS will be over. See how time just flies by us.

Some members won't arrive at the beach until later on in the week of SOS. For those of us that are coming down later, at least we won't miss out on the Parade and the Long Island Tea party on the last Saturday.

When you get back from SOS, I hope to see all of you at our meeting on Tuesday night May 2. I know most of you will have had a long week. We will try and keep the meeting short, but we need you there. By the way, please send in your articles about your experiences at SOS. They will be fun to read in our next issue.

Let's back up a little and talked about the great month we had in April. The beginning of our new Dance Lessons on April 10 was once again a big success. We were fortunate enough to have Chuck and Sandra teaching Beginner 1, Frankie and Dennis teaching Beginner 2 and Mike and Marcia teaching Beginner 3. Since that time, Tom Stone has also helped out. Thanks to all the instructors and member support, all of you do a super job.

Have you all noticed the photography committee being out in full force? Sharon Malmberg and her team are doing a great job. Brian and Leigh Ann set up a video for us to watch at dance lessons. That was really a good idea. Thanks Brian and Leigh Ann. I remember when I first started shagging I took a dance class which had been videoed. When I saw myself on the video I thought, "oh no! I am never going to learn these steps." Then one day I finally caught on. Remember practice, practice, practice!

Our SOS Kickoff party was a great success. We had 150 shaggers dancing the night away. I reminded you in our last newsletter to be sure and come to get ready for SOS. Well, you did conditioned yourself quite well. I am proud of you. Farrell did a great job with the music. Susan and her "greeters" were out in full force, too

This month we are having a cookout and golf outing on May 19 at Twin Oaks. We want all of our members to come out and play, or drive a beverage cart, or take photos, or join us for a cookout afterwards. Remember, even if you don't play golf stop, by for the cookout. It's always fun. Our golf outings are great, so come on out and spend a day of relaxing and just having fun. It's a great way to get to know more of your fellow members.

We also have a line dance class coming up on May 29. Line dancing is my favorite, so be sure and try to make it. If you don't have a regular dance partner it's always helps when you go out dancing to be able to join in on a line dance. Our clubs favorite line dance is "Hey Let's Party Again".

This letter and I are winding down. Check through your newsletter for events and news that may be coming up. Take care and I will see you at the Havana Club on Friday nights.

Note: There will NOT be shagging on Friday, May 18 due to a previously booked special event. Please share this info with everyone you know.

Keep Dancing!

Kathy

May Shag Club Meeting

The May meeting will be at Fat Boys on Tuesday, May 1st.

Music will start around 7pm. The meeting will be at 8pm, and we'll have more music and dancing afterwards.

Remember, Fat Boys offers us a very special price on their buffet. There aren't many places where you can go eat all you want for \$5.99. So take advantage of this offer.

Finally, Dianne Harrington was the lucky winner of last month's TSC Treasure Chest Drawing. She won \$74 just for being at the meeting. You can be the winner this month if your name is drawn.

Membership Information

Joyce Anderson, Dick Bigham, Mary Frawley, Shelia Frederiksen, Randy Godfrey, Susan Godfrey, Dennis Kerr, Kathy Kerr, Beth Needham, Chuck Needham, Beverly Rouse, Terry Turbyfill, Al Waters, and Gwen Weddington have submitted applications to join TSC. Each will need to be at our April meeting to be voted on. Come out and meet these folks!

Havana's Schedule

Due to an annual event scheduled at Havana, there will NOT be shagging on Friday night, May 18th.

All other Fridays in May will be normal beach nights.

WSGE 91.7 Fundraiser

By Joanne Sloop

Wow! Can you believe how many people showed up at the Havana Social Club! The DJ's played great music all night long.

Everybody seemed had a great time. I certainly did, even though it was my birthday. I danced the "Birthday Dance" and was carried off the floor with two men.

The DJ started playing a good song that I liked so I went across the room to ask a friend to dance. No one else got up to dance, so we did a solo. I had never danced with him before. He started cutting up with me while we danced so I just joined in on his fun. I had no idea that we would be the only couple on the dance floor for that song. Thanks to my friend that pulled it off great!

Thanks to all of my friends for the Birthday cake, gifts and the dances and to just being there that night.

I'm so glad the station got all of that money to keep playing those fine tunes on 91.7 FM radio.

Ellen's Workshop

By Claude McKinney

How many dance steps can there possibly be? How about the “Knee Pop”, “Walk back into Pivot”, “The Lean”, “Female underarm turn with brushes into a backward boogie”, the steps go on and on.

The Ellen Taylor workshop was mine and Gwen's first with Ellen and Frankie Johnson leading the way. I had just finished with Dennis and Frankie's Beginner II lessons and I thought we would pick up a couple of new steps. So we went to Havana and checked in at 2pm. We had the best time for the next seven hours. I would make sure you bring your water bottle next time and be ready to go non-stop aerobic style.

Learning the Ellen Taylor series of shag steps requires dedication and stamina on your part, but you know you have been taught by the best in style and grace. The workshop lasted until 6pm, after which we had plenty to eat with food and deserts supplied by the Twisters club members. Then we signed up to participate in the wine tasting party with wines from Richard Childress Winery.

Clyde Waller had no problem getting us to dance the rest of the night. Ellen Taylor was presented her own wine glass and I believe she found it worked wonderfully well. Cheers!

Great Dance Lesson

By Joanne Sloop

Tom Stone taught a recent Beginner III lesson at Fat Boys. He showed us how to dance smoother on our turns. Also, he added some fun moves onto what we already knew. Everyone seemed to enjoy him and the class went on into overtime.

Tom loves the Shag Dance so much. Thank you, Tom, for your time and patience with your Twisters friends. Hope you will teach us again, soon! I can't wait.

Wine Tasting

By Beverly Munday

Many thanks to Robin Nantz and Bill Blanton for hosting our 1st Inaugural Wine Tasting. We really had a wonderful time! Robin, you did a great job introducing us to the different wines and the art of swirling and tasting wines. Hey, It's got legs!

Before the wine tasting, we enjoyed the great food that was provided by several of our members. The wings, shrimp, chicken salad, vegetable, and pimento cheese sandwiches, vegetable and fruit trays and all the deserts were delicious. Thanks to one and all for making this event very special.

Hopefully we will have the chance to have it again real soon. After all the wine, we were ready to get down to partying with Clyde Waller. Thanks, Clyde, for providing the music. A happy time was had by one and all. Go Sharon!

Ellen Taylor and Fine Wine

By Susan Dahl

What a party! Anyone who missed this day, missed out on one of the best parties ever. Thanks to Robin, who was the Wine Tasting hostess, and to Bill and Kathy, who poured. They did a great job.

Robin works for many, many Wineries, and we hope she will be back soon, when we can find time for another Tasting. Even if you don't like wine, you can drink "whatever", and have a great time!

Ellen had a ball, and the party we thought would end at 10:00 P.M. went on until after midnight. Table #5 (as Clyde called them) even wanted some slightly off-color songs. But they were fun, and not too risqué.

It was another super Workshop, good variety of food, fine wine; and I got to dance with Carl two times. Thank you Havana Social Club for being our new home. The Fun Bunch had a fun time!

Ellen Taylor Day at Twisters

By Peggy Cavin

Recently our Shag Club was honored to have another “Day with Ellen and Carl Taylor.” They came up on Friday, March 30th and spent the entire weekend with our club.

Ellen and Carl were able to attend the Havana Social Club, where we dance on Fridays. It was a special Friday at Havana. A Dance Showcase was put on by many of the students and instructors from Havana. They all did an awesome job performing the Waltz, Rumba, and Salsa and other dances.

There were about 40 of our members in the audience, including Ellen and Carl. Ellen was up on the edge of her seat cheering the dancers on as she often does during shag competitions.

On Saturday afternoon, Ellen’s dance class started with approximately 55 TSC members showing up at Havana. As usual, Ellen was such a gracious lady. Frankie Johnson helped with the class and Carl Taylor served as the DJ. Thanks, Carl!

Later that day, our club hosted a Wine Tasting that was open to the public. This was the first but not the last for our club.

The Havana doors opened later and our normal shag night at Havana was held with Clyde Waller spinning the tunes.

Our visit with Ellen and Carl continued up until the late hours that night. We would like to thank Ellen and Carl Taylor for another memorable visit.

A Message From Margaret Honeycutt

I would like to thank each and everyone of you for the cards, prayers and flowers you have sent me during my recovery time.

I hope to be out and about soon.

Wine Tasting

By Robin Nantz

Thanks for all the support at our "first" wine tasting. I think with all the positive feedback from TSC Members, it WON'T be our last!

I had a question asked that night, that I didn't know the answer. So here it is.

Question: Why is there a difference in white and red wine glasses?

Answer: Red wine has generally been in the bottle longer than red wines. The wine needs to be swirled to help it breathe. The wider red wine glasses give you more swirling room. It is just a friendlier wine tool.

P.S. Thanks to my superb helpers Kathy Thompson and Bill Blanton!

Presenting Ellen Taylor

By Sharon Carter

Thanks to our Twisters Shag Club for scheduling the Ellen Taylor workshop for the members. It was an awesome experience to participate in the workshop and to see Ellen execute the steps with poise, pizzazz and perfection.

Edward and I always enjoy the opportunities we get to learn new dance steps. We were really excited this year to know we would get to participate in Ellen's workshop. She showed us a grouping of things about technique that will help improve our shagging skills. We worked on connection and balance. The "balance" thing is so important!! We learned very quickly if we don't have good "balance" we look like stumbling penguins. Not to say any one did, however we surely felt like that at times during the workshop. Ellen was very patient and encouraging. However, she did find some of us quite amusing at times when we attempted the dance steps she had shown us.

The workshop ended on a superior note with lots of tired participants eager to eat and continue with a delightful wine tasting event. Thanks to Robin for introducing all the great wines to the Club. We'll definitely seek our favorites out at the local market. Of course, the wine got us geared up for the dance social. It made it easier to practice all the new things Ellen shared with us. It actually helped alleviate some of the soreness.

The DJ was totally awesome as well. Thanks for all the good tunes!! If you didn't get to make it to this event, hopefully you'll get to attend the next fun filled event at the Havana Social Club hosted by our Twisters Shag Club. See 'ya at SOS doing all those new steps!!

Dance Showcase At Havana

Jan Wiseman

Carole White and I went to Havana for the Dance Showcase.

First off, I don't think I could have gone and performed so well in front of that large crowd. The dancers were just amazing and very well prepared.

The young man that did most of the dances with the ladies (I understand he owns Havana) was unbelievable.

Dean asked me, how he remembers all of those dances? I don't know. I guess practice makes perfect. He would certainly make anyone look good!

It was really good to see the representatives from our shag club and community out there dancing. They all looked great, as usual, and made all of us feel so proud. It was a nice combination of dancing and having a very enjoyable evening.

After the Showcase the DJ's got busy with the shag music for everyone to join in and have some more fun, and we did.

For anyone that couldn't make it out for the evening you missed a really great time. Maybe next time!

A Letter From Ellen Taylor

Thank you for spoiling me... literally, when we visited recently. We loved the basket and gift bag of some of our favorite things and appreciated your thoughtfulness. We had so much fun at the dance studio. It is a great place for a party and the floor is awesome. I hope it works out continually for your club to meet there. We hope to get back there sometime.

We look forward to seeing you all at SOS and thank you, again, for our meals, drinks, goodies... well, as I said, everything! Please express my thanks to your members, especially those who attended the workshop.

Golden Nut Bar Recipe

By Donna Hord

1 1/2 c. all-purpose flour 3/4 c butterscotch chips
3/4 c packed brown sugar 1/2 c light corn syrup
1/2 c butter 2 TBSP butter
1/4 tsp salt 1 12oz can salted mixed nuts

Preheat oven to 350 degrees. In a medium bowl mix flour, brown sugar, 1/2 cup butter and salt with a fork until mixture resembles coarse crumbs. Pat into an ungreased 13 x 9 inch baking pan. Bake for 10 minutes. Remove from oven.

In a small saucepan over low heat, melt butterscotch chips, corn syrup and 2 tablespoons butter, stirring until smooth. Remove from heat. Spread mixed nuts over baked crust. Drizzle butterscotch mixture over top, covering completely. Bake 10 minutes or until edges are bubbly. Loosen edges from sides of pan with a knife.

Cool on wire rack, cut into bars.

There are more simple recipes in my cook book that I always have with me. My cook book is dedicated in memory of my late husband and the proceeds go to my grand children's college fund.

Unusual Occurance

At three minutes and four seconds after 2:00 AM on the 6th of May this year, the time and date will be 02:03:04 05/06/07.

This will never happen again

Getting Ready for SOS

By Iris Binder

So you have your room reservations, your favorite dance shoes, and a great pair of jeans! Now what?

You enjoy the TSC Kickoff Party for SOS on Friday night at the Havana Social Club with all your best friends! Farrell Watts makes sure the dance floor is pulsing with energy as he plays your favorite songs. The Fun Bunch makes sure that you are having a fine time. Everywhere you see folks smiling and laughing. There are lots of items on the buffet line including some Twister's specialties. (Have you tried the Khalua brownies?) And, the bartenders hustle to keep your thirst under control. What could be better? *Ten days and an ocean breeze!*

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What's Happening In The Shag World

GoShagging.com Has More Items And Details!

Note: Party flyers & club mail can be viewed at our monthly meeting.

May 1: TSC Monthly meeting and dance at Fat Boys.

May 4, 5: Legends of R&B at Loafers. \$25. Jimmy McCracklin, the Dynaflores, etc. 919-872-5335 or loafers@bellsouth.net

May 18-20: Mountain Boogiewalk hosted by Beckley Area Shag Club. \$45. DJ's Ed Timberlake & John Smith. Call 888-259-8545 for rooms. Info: shagbasc@earthlink.net or Karen at 800-294-0855

May 19: TSC Cookout And Golf Outing at Twin Oaks.

May 25-27: Benefit in Southern Pines hosted by MASS. \$30. DJs Robbie Farrell, Rickey Price, John Hook. Rick Godfrey Band. Fabulous Kays. 919-692-9889 or garyshome@earthlink.net

May 31, June 1-3: Southern Comfort X in Columbia, SC. Hosted by Palmetto Shag Club. More information to be announced.

June 2: Charity Golf Tournament hosted by Charlotte Shag Club. \$70 Golf and Food, \$10 food only. All profits will go to Victory Junction. 980-343-5796 or patti.miller@cms.k23.nc.us for info.

June 3: Beach Music Festival hosted by Richmond Shag Club. \$20-\$35. Band Of Oz, Ron Moody And The Centaurs, The Craig Woolard Band, and the Mighty Tams. EagleZEyeS@netscape.net www.RichmondBeachMusicFestival.com, 804-285-2828 ext. 3500

June 8-10: Sand Gnat Shag-A-Ganza in Jekyll Island by Golden Isles Club. \$50-\$60. Paul Spalding, Jim Bowers, Murl Augustine & Betty Brown. 912-267-9077 orshagdancers@bellsouth.net.

June 9: Burlington Shag Club's Meet the Area Clubs party. \$5. DJs Jim Wayne and Ron Russ. 919-563-9269 or jswest@mebtel.net

June 9: Monthly party hosted by Brushy Mountain Shag Club. \$5. DJ Terry Helms. 336-921-4205 or roosta_nc@charter.net for info.

June 22 - 24: Shaggin' On the Boulevard hosted by Charleston Area Shag Society of WV. \$45-\$55. DJs Larry Edwards, Eddie Teeter and Sam West. 304-722-5719 or wvshaginfo@aol.com.

June 23: Turntable Treasures Vinyl Party hosted by Twister's Shag Club at the Havana Social Club in Cornelius, NC. More details to be announced on www.goshagging.com.

June 30: Oldies Party hosted by Winston Salem Shag Club.

July 18-22: Junior SOS at North Myrtle Beach, SC. For more details, see www.juniorshaggers.com

Sept 7: Pre-SOS Party hosted by Twister's Shag Club.

September 14-23: SOS Fall Migration in North Myrtle Beach.

Nov 2-4: Fall Cyclone hosted by Twister's Shag Club. Details will be announced in late June on www.goshagging.com

**What is the most important “second opinion”?
Health? Retirement? Asset protection? Long term care?**

Dorance D Greer III

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We do first opinions as well!

The Meaning Of Life

Submitted By Frankie Johnson

The first day, God created the dog and said, "Sit all day by the door of your house and bark at anyone who comes in or walks past. For this, I will give you a life span of twenty years." The dog said, "That's a long time to be barking. How about only ten years and I'll give you back the other ten?" So God agreed.

On the second day, God created the monkey and said, "Entertain people, do tricks, and make them laugh. For this, I'll give you a twenty-year life span." The monkey said, "Monkey tricks for twenty years? That's a pretty long time to perform. How about I give you back ten like the dog did?" And God agreed.

On the third day, God created the cow and said, "You must go into the field with the farmer all day long and suffer under the sun, have calves, and give milk to support the farmer's family. For this, I will give you a life span of sixty years." The cow said, "That's kind of a tough life you want me to live for sixty years. How about twenty and I'll give back the other forty?" And God agreed again.

On the fourth day, God created man and said, "Eat, sleep, play, marry and enjoy your life. For this, I'll give you twenty years."

But man said, "Only twenty years? Could you possibly give me my twenty, the forty the cow gave back, the ten the monkey gave back, and the ten the dog gave back; that makes eighty, okay?"

"Okay," said God, "You asked for it."

So that is why the first twenty years we eat, sleep, play and enjoy ourselves. For the next forty years we slave in the sun to support our family. For the next ten years, we do monkey tricks to entertain the grandchildren. And for the last ten years, we sit on the front porch and bark at everyone.

Life has now been explained to you.

Charles Meets Beverly

By Charles Munday

I started dancing when I was 13. A cute young lady from across the street came over one evening and taught me how to shag (side to side, then rock back). We use to have Carport dances in our neighborhood. Well my shag quickly turned into the Jitter Bug because I loved Elvis Presley's music so much. Actually, anything fast was great. The faster the better. Now, even though my legs are slowing down and can't keep up the way they use to, my mind still thinks I can, my body knows better and my legs keep trying. One of these days I'm sure I will get too old to do this. Yea, right! Not till they are throwing dirt in my face.

I grew up with the Jitter Bug and still love it the most, although I never hear my favorite song played any more (Rockin' Robin). I just hope they play it at my funeral. Probably not, because I'm sure it would clear the church when I rose up out of that casket and started dancing all over the room.

I spent a lot of years at Boppers Bar and Boogie jitter buggin' and then things started to change. I went to a country western bar and learned how to ride a bull and something new called the two-step. I learned a lot of Line Dances too. Then I was transferred to Texas and while I was there I learned something new called the Progressive Double Two-Step. I loved it much more because it was (guess what?)? Yes! It was faster than the two-step.

After a year, I was transferred back to Charlotte and that's were I met the Light of my life and my dancing partner forever (God be willing). She was Country dancing and I chased her like there was no tomorrow. Finally I ran her down (I told you my legs were fast). She put up a good fight but she just couldn't stand the begging any longer, gave up and said yes. Glad she did, I wore out two pair of knee pads.

We loved to go dancing, but country dancing starting dying out and we were having a hard time trying to find somewhere to dance.

Then two Country Western friends of ours decided to go to this new bar where the Twister's Shag Club was teaching Shag dancing. No Problem, I've done this before (side to side and rock back. Not!). Ok, the change wasn't too bad, but as normal, Beverly learned it much faster than I did. But she took me home, gave me a few private lessons and we were off and running. Her favorite dance is still Country Western because of all the various variations of dances. That was in September 2001 and you know the rest of the story, she is still trying to teach me to shag.

Deep Fried and Sanctified Party

By Richard Harrington

Again this year Dianne and I will be having a party on June 2. This is our Seventh Annual Deep Fried and Sanctified Party. As usual Dianne says that it will be our last, but the jury is still out on that.

For those new members this is a party that Dianne and I have been doing just for the fellowship of our friends. We deep fry a lot of different things (chicken, steak, green tomatoes, fish, etc.) and we ask our guest to bring a little something to go along with the meal.

We also provide the drinks, tea, beer, wine, margaritas, etc. I build a dance floor so we can practice the new steps that Ellen Taylor has taught us. Bill Edwards, Eddie Teeter, Clyde Waller and Mike Felts have agreed to provide the music this year. The party is held at our lake house so you can come early and stay all day. You can do a little fishing, water skiing or just work on those tan lines. And everyone one is invited, so bring your friends and family.

Dianne and I will be covering the cost of the party. But, we are asking each person for a cash donation that will be going to Habitat for Humanity. Thrivent Financial, which is the financial arm of the Lutheran Church, will match whatever we collect. So when you see the collection jar at the end of the table, toss in a few bucks.

I'll have a flier at our next meeting with all the pertinent information.

Directions To Harrington's

I-77 to Exit 36. Go West for 2.1 miles. Turn RIGHT onto Perth Road.

Go 5.9 miles. Turn LEFT onto State Park Road.

Go 1.3 miles. Turn LEFT onto Morrison Farm Rd.

Go 1.1 miles. Turn LEFT onto Stillwater Rd.

Go 6/10 mile. Turn LEFT onto Patio Lane (Concrete Drive). You are there!

Cookout And Golf Outing

By Margaret Hutson

Everyone is invited to come out for a great time May 19 at Twin Oaks Golf course. Captain's choice is the name of the game. Anyone who is good or not so good at playing golf can play. Tee off time is at 10:00a.m. Please be there by 9:30 so we can choose teams. Following the golf outing will be a cookout. Hamburgers, hot dogs and sausage dogs with all the trimmings and dessert will be served. Beverage carts will keep everyone supplied with drinks all day. Prizes will be given out at the cookout for a number of different things. Mark your calendars for may 19, 2007 at Twin Oaks golf course. The fee for playing will be 28\$ per person. If you are playing please be prompt at 9:30 so we can get everyone registered and started by 10:00 a.m.

Directions To The Cookout / Golf Outing

To get to Twin Oaks, take I-77 to Exit 49A. Go East 2 miles. At the light with the Merita Store and Farmhouse Nursery on your right, turn LEFT. Go about 1/2 mile and go LEFT. Twin Oaks is just down on your left.

If you get lost, call Twin Oaks at 704-872-3979.

Taxes! Taxes! Taxes!

By Al Brandon

Being a CPA and a veteran of over 30 “tax seasons”, I thought you might enjoy the following from Frances Coleman who is an editor of an Alabama newspaper. By the time you read this you will have filed your 2006 income tax return and probably received that big refund.

It’s my anniversary and I’ll cry if I want to.

Next month will mark more than three decades as an American taxpayer, in which I learned early on what all God’s children eventually must come to grips with; that the federal government doesn’t care if you cry or cheer, as long as you cough up what’s coming to it.

At first, as a bright-eyed teenager, I paid my taxes cheerfully. It was like loaning money to an old friend who gave it all back.

After a while, though, the old friend stopped reimbursing in full, and eventually quit sending anything back. Then he began to want more, with never so much as a “thank you”.

So gradually, I developed some philosophies to console my heart:

Never pay early. You don’t have to be a fanatic and show up at the post office at 11:57 p.m. on the last day, but on the other hand, your money should stay yours, not theirs, as long as possible. You earned it; they didn’t.

The Lord loves a cheerful giver. Uncle Sam, however, has no such illusions about how people feel when they part with their money. Still, you may as well smile as you make your love offering, if only for your own emotional well-being. Think of all the interstate highways you’re helping pave and the soldiers you’ll be equipping. Do not think of the interest on the national debt or the 101 ways the government wastes your tax money every day.

If you’re going to cheat, keep your mouth shut about it. It’s not that we’re going to call the IRS hotline and tell them that on weekends, you pressure-wash houses for \$50 a pop.

But at some point in April, each of us may remember that we're paying taxes on all the money we made last year, and we may wonder if we'd have to pay so much if you and the others like you had reported all your income, too.

Think of tax day as an opportunity to contemplate The Great Mysteries of Life, including: If you, possessed of sound mind and a respectable amount of education, can barely manage to do or get your taxes done, how on Earth do the people who are... er, well.... dumb manage:

I'll never forget the year I realized what the IRS does to the less fortunate among us. It was November 1984, and I was home with a new baby. Fat and depressed, I trudged to the mailbox. "Dear Coleman, James P., Jr., and Frances B.," the friendly letter began. "You owe us \$3,000."

I was still crying when my husband got home. How could a few pieces of stock inherited from a dead uncle have done that? We did not have \$3,000.

We did have a CPA, however, who after a month of wrangling with bureaucrats presented us a revised tax bill of \$200.

People who don't know that the IRS isn't infallible, I divined from that experience, would have cursed and written a check.

Which brings us to the matter of a CPA. Forget about developing a close relationship with your doctor, lawyer or minister. This is the person you want on your side for life.

The good CPA is honest, creative, discreet, soothing and unquestionably talented—rather like a priest, psychologist and mathematician, all rolled into one. He has heard all the tax-season jokes, but still chuckles appreciatively when you remind him that if he doesn't get you a refund, he won't get paid.

Real people don't get refunds, of course. Real people hope for the best (to not have to pay more money) and prepare for the worst.

And all without even a hope of getting an anniversary card in return.

This Month's Birthdays

Sandra Williams	05/01
Sherry Eason	05/04
Robin Tadlock	05/04
Kathy Cavin	05/05
Cindy Rea	05/06
Betsy Chapman	05/14
Jeff Firestone	05/15
Ellen Kidda	05/16

Charles Munday	05/20
Roger Lemmond	05/21
Frances Smith	05/21
Mike Holland	05/24
Bill Blanton	05/27
Mary Anne Hammond	05/31
Jim Horton	05/31

Next Month's Birthdays

Chuck Willingham	06/04
Pam Rink	06/06
Debbie Green	06/13
Jean Nester	06/15
Iris Binder	06/17
Audrey Brock	06/18
Marvin Chapman	06/19

Lee Cavin	06/22
Jennifer Finney	06/27
Beverly Rouse	06/27
Arlene McLaughlin	06/28
Milly Humphrey	06/29
Warren Moretz	06/29
Scott Tadlock	06/29

THANK YOU...

To everyone who helped with the TSC Tea Parties, The Beer/Wine/Shooter party, the golf outing, and our SOS Parade entry and the food we had that day while we were at the beach. Your efforts made these events easier and more fun for everyone. It is this type of teamwork that makes our club so special. Thanks again for your support.

Danville IRS Party

By Peggy Cavin

Billed as the “I’d Rather Shag Than Pay Taxes” event, this yearly party is one that I always enjoy. The Danville Shag club has a wonderful building with all hardwood floors to hold their party. The people are friendly, the members bring in great food, the location is great and Danville Shag club members love dancing.

The club always has a half and half drawing and this year wasn’t any different than the past. These members make selling half and half tickets fun for members and guests alike. It is either the measurement of your height, your waist, or they will “work with you” on creating a good “deal”. It’s hilarious just watching them. I looked around one time and saw a young woman on the shoulders of a man to measure height, now that’s creative. Sandra really had a good time. You could hear her laughter over the music as she continued to measure people while circling the floor.

Then there is John, the best raffle ticket dealer/buyer around. If you ever need anyone to go in with you on a half and half, you need to find John from Danville. You might not win but I guarantee you will have a good time “wheeling and dealing” with him as a partner.

Hey guys, I paid my taxes, I shagged the night away and I had fun with the Danville Shag Club. Thanks to everyone who had a part in making this party a huge success.

Day Care Update

By Margaret Hutson

The Easter bunny visited the Davidson Corneilus day care April 4th (just a tad bit early for Easter). Each child received a bag of goodies. The "bunny helpers" baked cookies to put in each bag. Along with the cookies, there was a plastic bunny full of jelly beans, a safety pop, tootsie rolls and a large marsh mellow egg. Since there's not another holiday for a while, Margaret and her friend Kathy can take a break.

CSA Contest

By David Kelly

I had my first experience viewing a CSA (Competitive Shaggers Association) contest. It was held in Charlotte at Lynn's the weekend of April 13-14. While I seen some of the dancers at different events doing a dance, I have never witnessed the level of dancing I saw during this contest. Maybe it was the competitive sprite of the dancers or maybe it was dancing for dollars aspect of the contest but the dancing I watched that night was at a level I had seen before. And at the same time, you could tell that the dancers loved what they were doing and enjoyed the ovations that the appreciative crowd showered them with.

The Novice and Professional Divisions were held Saturday night while the Amateur's danced on Friday night. I can't report on the Amateur Division because I was at Twister's SOS kickoff party, eating fruit with my fingers. (There is a story there but that is for another time). I am sure the Amateur Division was great and those that attended were treated with excellent dancers.

One thing I found interesting about CSA Shaggers is the way couples are treated as they move up in divisions. John and Susan Leggett moved up to the Novice Division and this was there first completeive dance in that division. When there turn to dance was up, all the other Novice dancers went onto the floor and welcomed them into their division. The same was true for Jason and Holly Cagle. They moved up to the Professional division and had there first completeive dance in the pro division.

Here are the winners in each division. For additional results, you can go to Competitiveshaggers.org.

Pro Division

Sam West & Jessica McAlhaney

Amateur Division

Jim & Pat Osborne

Novice Division

Brent & Ashley Hall

If you ever get a chance to attend one of the CSA contest, you won't be sorry you!

Queenie's Medical Moment

By Pam Siege

Do you ever wonder “Is there anything I can eat that’s not bad for me”? It makes you want to just throw up your hands and say, “I’m eating whatever I want and nobody can stop me”! Sounds a lot like Bob Rae’s “I’m not leaving SOS and you can’t make me” party!

I always read labels in the grocery store and it can be very confusing! I want to eat right, but how do I know what is good and what is bad for me? Well I thought I would try to give you some information that has helped me.

This month we’ll talk about fats; Good or bad?

The fact is we all need fats. Fats assist with nutrient absorption, nerve transmission, maintaining cell membrane integrity. But when consumed in excess amount, fats contribute to:

1. Weight gain
2. Heart disease
3. Certain types of cancer

Fats are not ever created equal. Some fats are good for our health, while others increase our risks of heart disease. The key is to replace bad fats with good fats in our diet.

The Bad Fats:

Saturated Fats – These can raise blood cholesterol; the total cholesterol and the LDL cholesterol (the bad kind). Saturated fats are found in animal products; meat, dairy and also in some plant foods like coconut oil, palm oil and palm kernel oil.

Trans Fats – These fats have resulted since scientists began to hydrogenate liquids oils. They are able to hold up better in the food production process and so they give us a longer shelf life. This results in Trans fatty acids. They are found in most of our packaged foods, commercially fried foods (french fries), microwaved popcorn, vegetable shortening and hard stick margarine.

The Good Fats:

Monounsaturated Fats – These help lower total cholesterol and LDS (bad cholesterol) and increase the HDL cholesterol (good Cholesterol). Great sources are: nuts, canola and olive oils.

Polyunsaturated Fats – These help to lower the total cholesterol and LDL cholesterol. Great sources are: salmon, fish oil, corn, soy, safflower and sunflower oils. Omega 3 fatty acids are in this group.

So, when you are at SOS and start to eat that good, old greasy burger and fries, stop and think... anything eaten at the beach, especially during SOS, doesn't count!

But when you go home it would help us all to start reading labels before consuming foods.

As always, remember, laughter is the best medicine and it helps to tighten the stomach muscles! So, here's to your health!

Happy Birthday Kathy!
Love, Lee

Happy Birthday Frances!
Love, Walter

Happy Anniversary to my better half, my partner, and my best friend. That you for letting me share your life. I love you Walter and look forward to many more years together.
Love, Frances

Birthday wishes to Charles, my wonderful, adorable husband. Many wishes for a birthday full of lots of love and laughter. Thanks for making my life shine with your love.
Beverly.

Happy Anniversary Bill. You're my favorite part of the "shag world". Love, Robin.

2007 Spring SOS

Were you at the beach for SOS? If so, we'd like to hear your thoughts and impressions in the next issue of this newsletter. Please jot down something while it is fresh on your mind. Your fellow members will enjoy hearing from you.

The Carefree Times featured seven different articles written by TSC members this time, plus a few photos. Thanks to everyone who helped make our newsletter, and the Carefree Times Great!



We would like to thank the staff, and all of the DJ's at WSGE. We appreciate your efforts.

TSC enjoyed hosting a fundraiser for WSGE, and was proud to donate over \$1750 to the station. It's just another of our many efforts to promote shagging and shag music in our area!

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a list of upcoming DJ's. Then bring some friends and
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